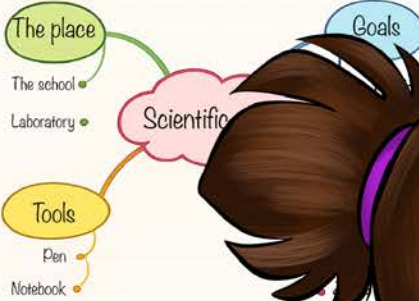


سلامة Salama

Creative Steps for Exams

Mind map



Review table



مؤسسة الصحة بدولة
DUBAI HEALTH AUTHORITY



معهد الإمارات للسياسة
Emirates Driving Institute

Subscribe
and win

with Salama

سلامة Salama

A diverse educative magazine for children published monthly by Dubai's Roads and Transport Authority to raise the awareness of safety, health and the environment.

General Supervisor
Meera Alshaikh

Managing Editor
Abubaker Al Shezawi

Editing Manager
Shareef Abu Taha

Editorial
Aisha Al Shamsi
Ayman Farmawi

English Content Editor
Sohaila Hashim

Design & Production

SLA
SPOTLIGHT
Advertising

www.spotlightuae.net

Design and Direction
Said Mansour

To browse Salama
magazine



To contact the magazine:
P.O.Box: 118899
Phone : 0097142903629
salama.magazine@rta.ae

All rights reserved - Roads and
Transport Authority 2026©

Read in this issue

06



**Creative Steps to
Prepare for Final Exams**



14

**Essential Rules for
Using E-Scooters (1)**

18



Staying Healthy During Travel

08



Driving Distractions (2)

10



Risks of Using Tablets While Charging

20



The Empty Water Bottle!

Sweet Words



Hello, friends!

Final exams are getting closer, and the time has come to see the results of our hard work throughout the school year. Now, all we need is good preparation, better time organisation, calm revision, enough rest and sleep, and confidence that we can achieve good results.

Exams, my friends, are a good opportunity to see how much we remember and understand from the lessons we studied during the year. So, let us make our final revision useful and enjoyable.

We can divide our lessons into small parts, use colours and drawings to help us remember, and take short breaks to rest and recharge our energy.

The encouragement of our families and teachers also gives us positive energy and helps us do our best.

Finally, remember, my friends, that hard work is the secret to success. Every small step you take in revision brings you closer to your dreams. Do not let exams stress you. Welcome them with a smile and confidence, trusting you can succeed and shine, God willing.

Activities and Events

Various Activities During Gulf Traffic Week 2026

Unified Gulf Traffic Week 2026 was held from 3rd to 8th May under the theme "I Cross Safely", featuring a range of awareness activities.

The events began with an awareness activity for workers, attended by more than 1,000 participants. Awareness gifts were distributed, and workers who showed strong commitment to traffic safety rules were rewarded with nol cards. In several areas of Dubai, scooter and bicycle users who followed safety rules also received nol cards worth AED 500 each. The Gulf Traffic Week logo was displayed on several advertising screens along Dubai's streets.

More than 7,000 gifts were distributed as part of pedestrian awareness activities at metro and bus stations. These included caps with reflective stickers and water bottles printed with pedestrian safety instructions and the Gulf Traffic Week logo.



أين يمكنك قيادة الدراجة في دبي؟

Where can you cycle in Dubai?



Winners of “Dubai Through the Eyes of Cyclists” Competition Announced

RTA announced the winners of the “Dubai Through the Eyes of Cyclists” competition, launched in mid-April for cycling enthusiasts and held over one month.

The winners received nol cards worth AED 500 in recognition of the photos they captured of Dubai’s key landmarks near cycling tracks and lanes, which they shared through RTA’s social media channels.

“Golden Rules for Generations’ Safety” at The Indian International School, Dubai Silicon Oasis

More than 350 students at The Indian International School, Dubai Silicon Oasis, took part in the “Golden Rules for Generations’ Safety” programme, enjoying interactive activities and riding bicycles on the educational traffic track.

The students also received gifts printed with drawings and awareness messages highlighting key traffic rules, including the dangers of crossing roads outside designated areas, the need to stay alert around buses and vehicles, and the importance of being a role model for classmates and family members by following safe road behaviour.



Creative Steps to Prepare for Final Exams

Illustrated by: Muhammed Mansour

I'm Salama



What are you doing amid all this mess?

I'm trying to study. I feel very worried because the exams are getting close



Preparing properly from now will help you avoid anxiety on the night before the exam

Is there a right way and a wrong way to prepare?!

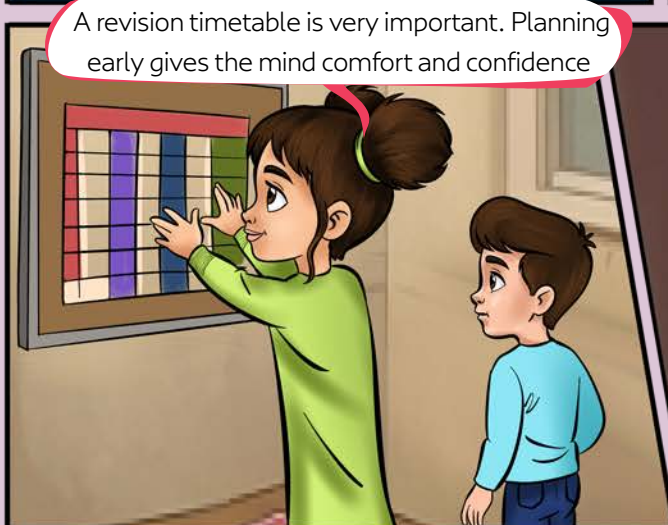


You should creatively revise your lessons

How?!



A tidy place makes us feel comfortable and helps the mind think clearly



A revision timetable is very important. Planning early gives the mind comfort and confidence



Solving practice exams makes final exams feel less frightening

There should be time for studying and time for resting, so we can recharge our energy and feel refreshed

Summarising important information through colourful drawings makes it easier to remember

Wonderful. I really like this method!

On the night before the exam, Salama and her brother prepared their school uniforms and supplies, then got ready to sleep early.

We will revise the answers through a fun card game. Which one do you choose?

The question on the blue card

I am very excited to take the exams, and I am not afraid because we revised everything in a nice way

Good night, my brother

Good night. Sleep well and have sweet dreams

We prepared well and did our best. God willing, success will be ours!

Driving Distractions (2)

Illustrated by: Muhammad Qajoum

Engineer **Salem**



Can you come with me to the party today?

I'd be happy to, although I had already planned to go in my own car

Since you are tired, we should have gone in my car. Driving in this condition is dangerous for you and others



I did not sleep well, and I feel very tired, so I wanted your company

Why did you insist that I go with you?

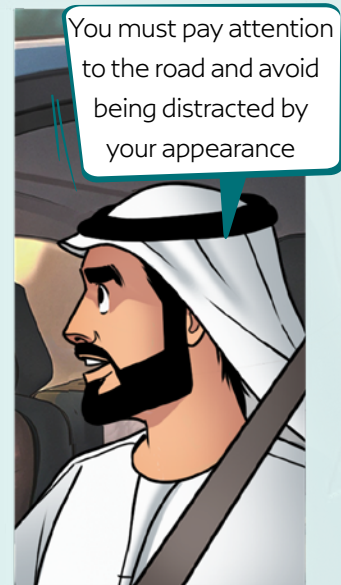
Since you are exhausted, please slow down and keep extra safe distance from other vehicles



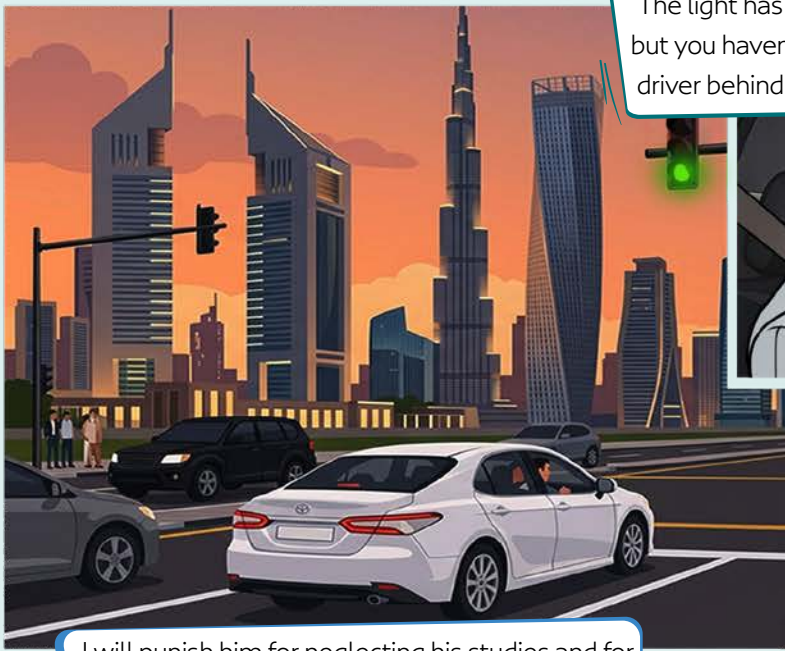
You are right. I don't know why I didn't think of that!



I should arrive at the party looking my best



You must pay attention to the road and avoid being distracted by your appearance



The light has turned green, but you haven't moved. The driver behind us is annoyed



Sorry. I'll move right away!



I will punish him for neglecting his studies and for the way he behaves with people older than him



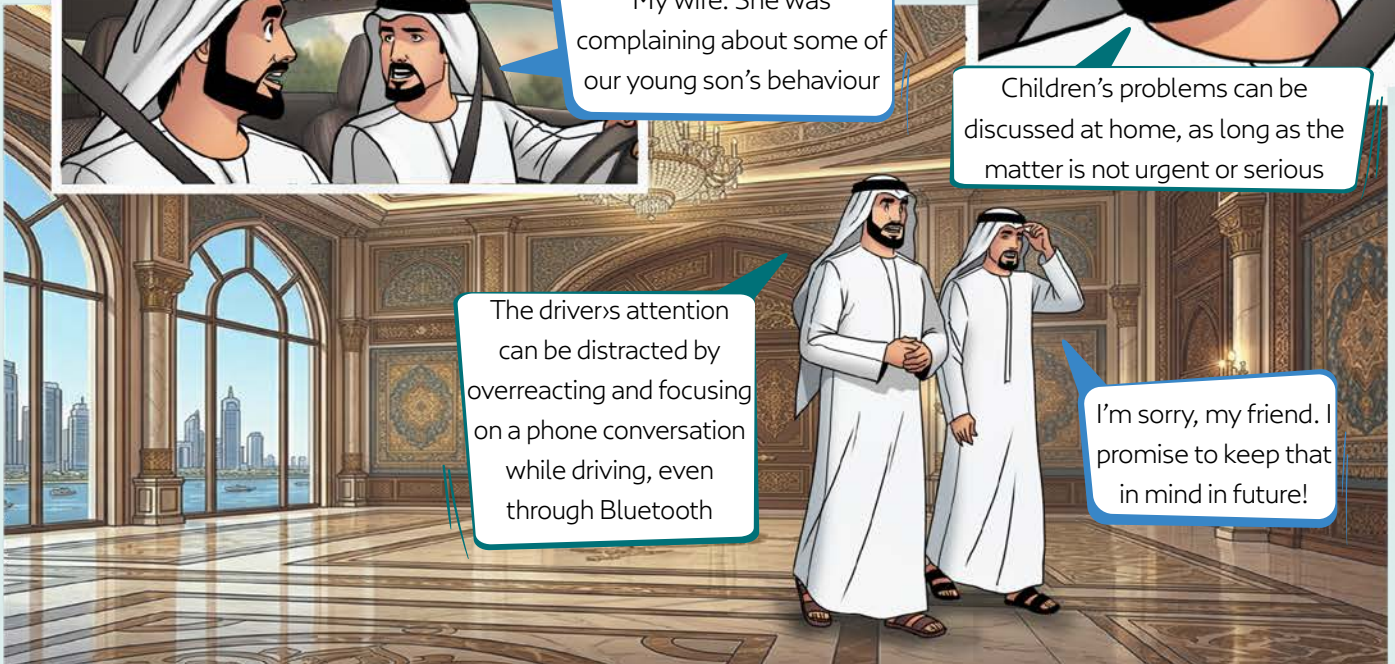
Who were you speaking to so angrily?



My wife. She was complaining about some of our young son's behaviour



Children's problems can be discussed at home, as long as the matter is not urgent or serious



The driver's attention can be distracted by overreacting and focusing on a phone conversation while driving, even through Bluetooth

I'm sorry, my friend. I promise to keep that in mind in future!

Risks of Using Tablets While Charging

Illustrated by: Tarif Kalji

Champion **Nader**

Champion Nader received an alert that a child was in danger, so he rushed over immediately.

Be careful, my little friend. What you are doing is dangerous

Has using a tablet become dangerous?!

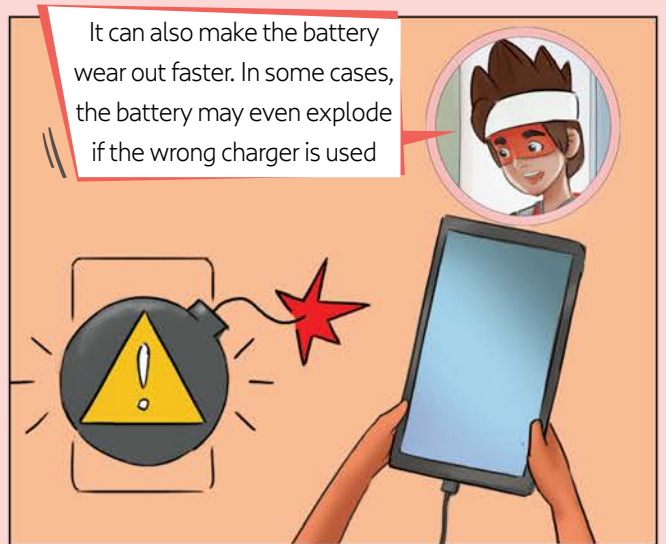
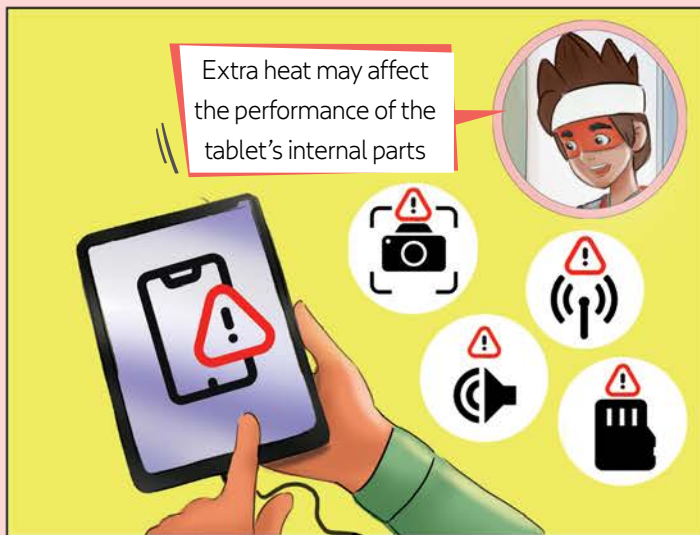
The danger is not in using the tablet, but in using it while it is charging

How? Please explain

When a tablet is used while it is charging, you may keep moving it around constantly

This may bend or pull the charging cable, which can damage it

Using a tablet while charging slows down charging and overheats the device



Emirates Park Zoo

Faris and

Shaheen

Emirates Park Zoo in Abu Dhabi offers an unforgettable combination of learning and entertainment

Visitors can feed the animals tasty snacks with the help of the zoo guides

It is a wonderful wildlife sanctuary, home to lions, cheetahs, elephants, hippos, crocodiles, birds and fish

They can also enjoy the inflatable playground and try 100 electronic games

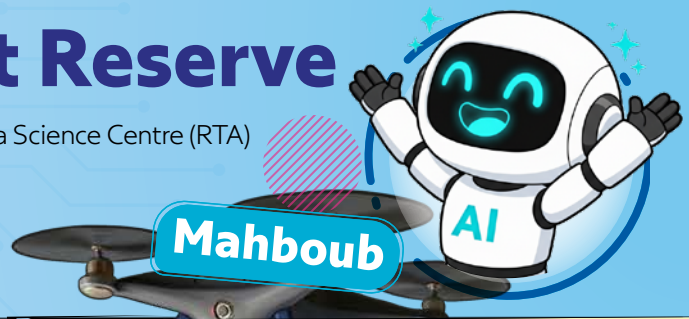
Visitors can take part in educational talks, bee experiences, workshops and camps

They can also discover creative energy-saving practices and watch the amazing process of making paper from elephant dung

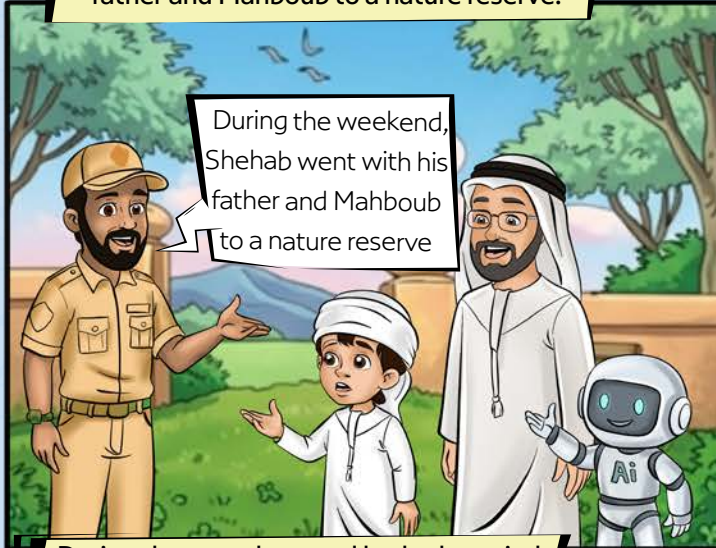
A Trip to the Smart Reserve

Prepared by: Ahmed Hamza – Artificial Intelligence and Data Science Centre (RTA)

Illustrated by : Muhammed Abido



During the weekend, Shehab went with his father and Mahboub to a nature reserve.



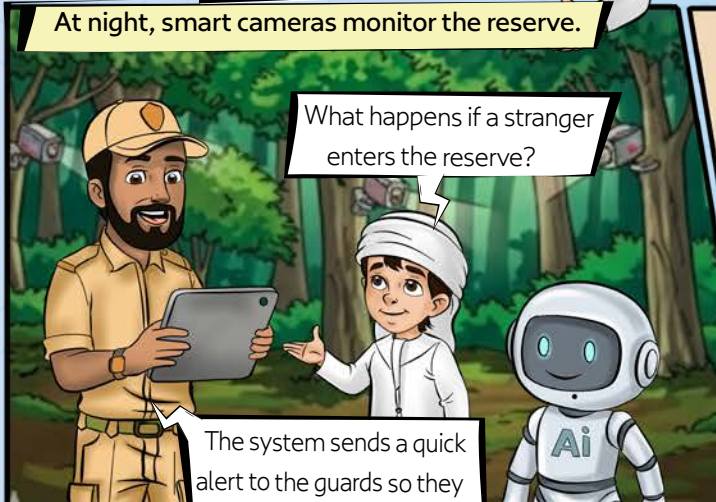
During the weekend, Shehab went with his father and Mahboub to a nature reserve

During the tour, the guard looked worried.



One of the young gazelles has moved away from the herd

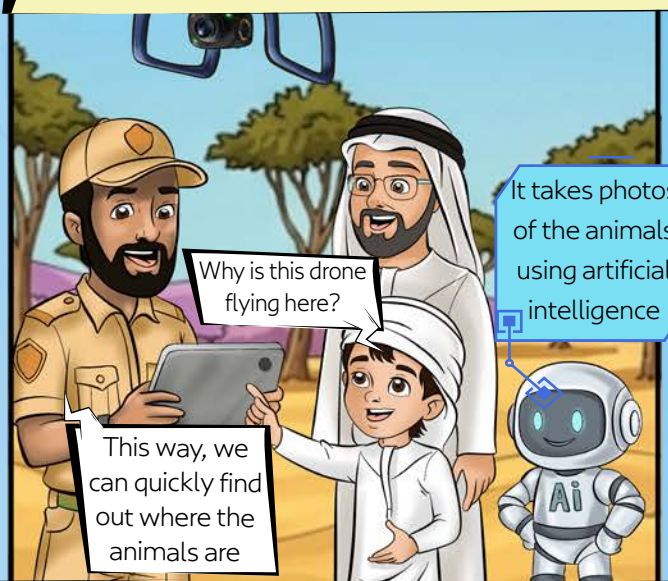
At night, smart cameras monitor the reserve.



What happens if a stranger enters the reserve?

The system sends a quick alert to the guards so they can protect the animals

Suddenly, a small drone appeared, flying above the trees.

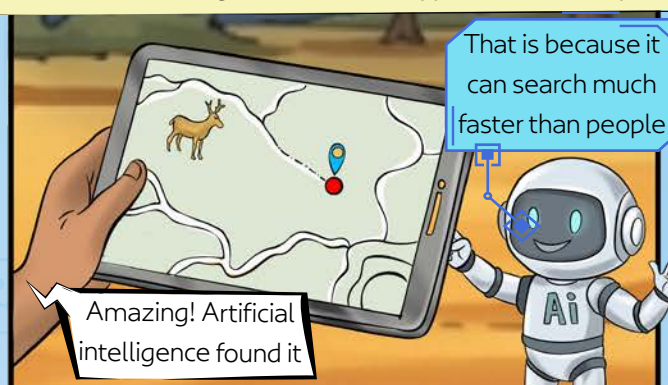


Why is this drone flying here?

This way, we can quickly find out where the animals are

It takes photos of the animals using artificial intelligence

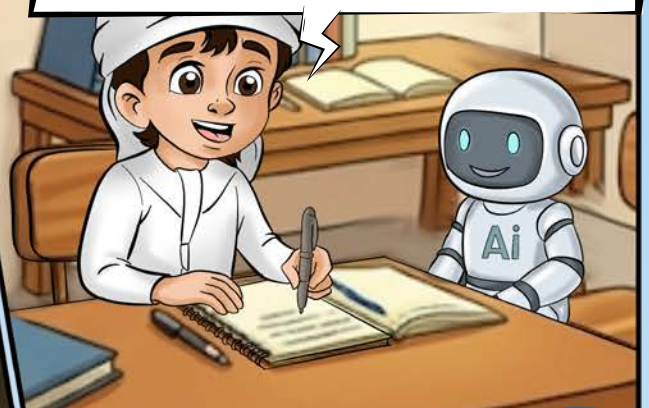
The smart system began analysing the images sent by the drone. Moments later, the gazelle's location appeared on the map.



That is because it can search much faster than people

Amazing! Artificial intelligence found it

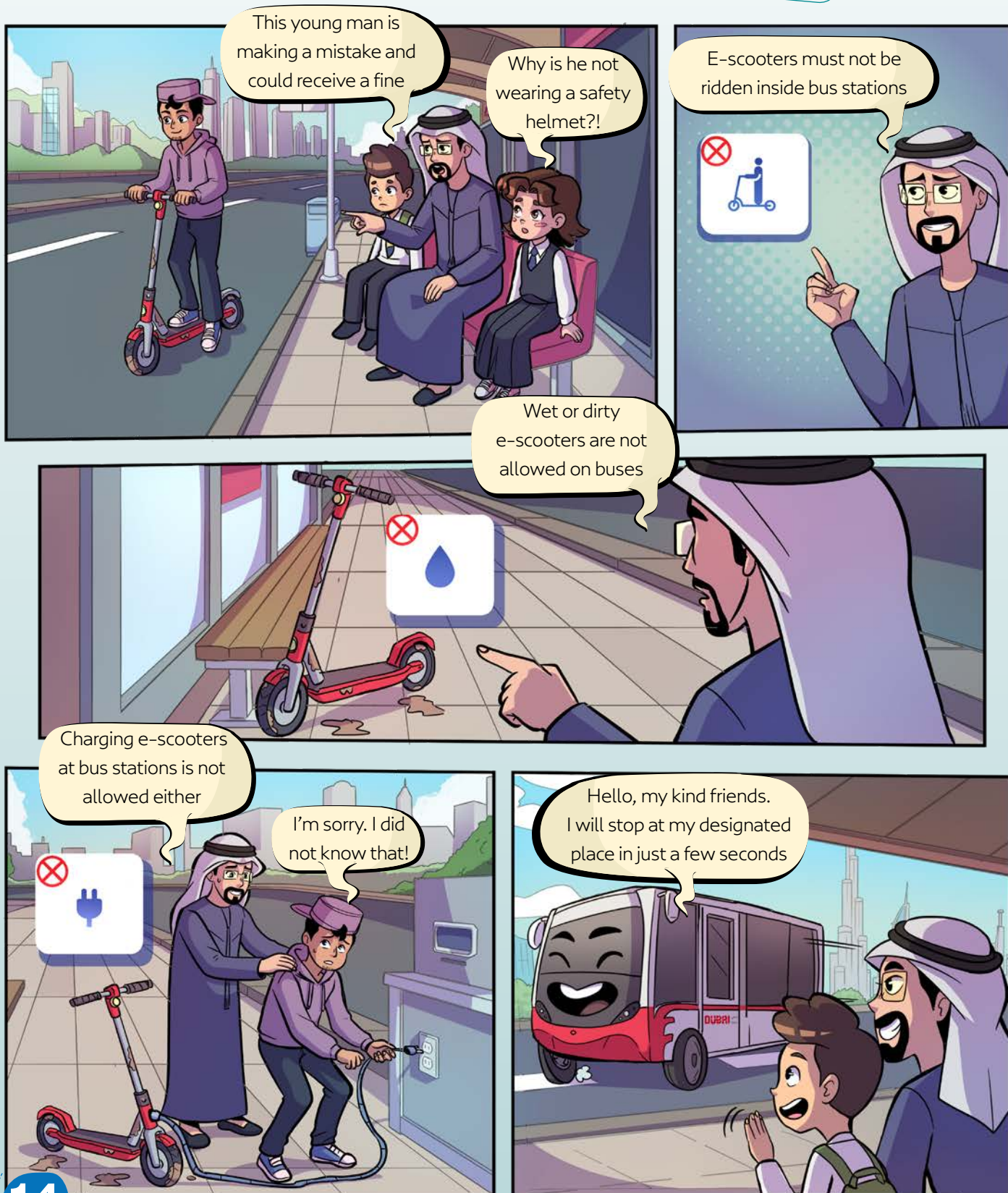
Today, I learnt that artificial intelligence watches over animals, helps guards protect them, and makes the world safer for these beautiful creatures

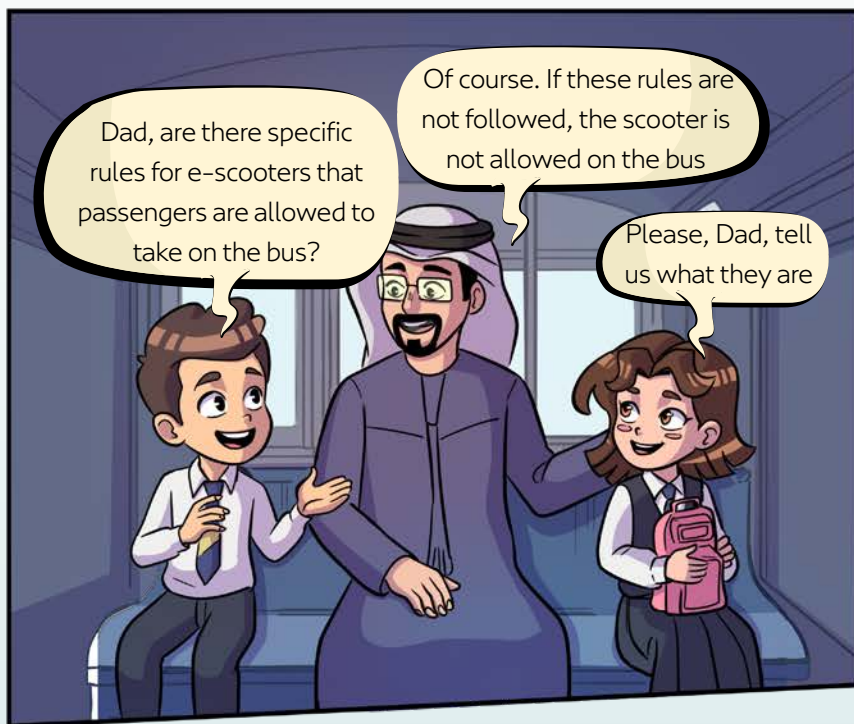


Essential Rules for Using E-Scooters (1)

Illustrated by: Abdel Fattah Helmy

Safety Road





Essential Safety Rules for Riding Quad Bikes

Illustrated by: Hossam Abdel Ghani

Inspector **Hamad**



Oh My God! He almost hit the little children

What a reckless behaviour!
You almost ran over those innocent children

You are not wearing a helmet to protect your head, and your quad bike has no mirrors or signal lights. How can you ride it like this?



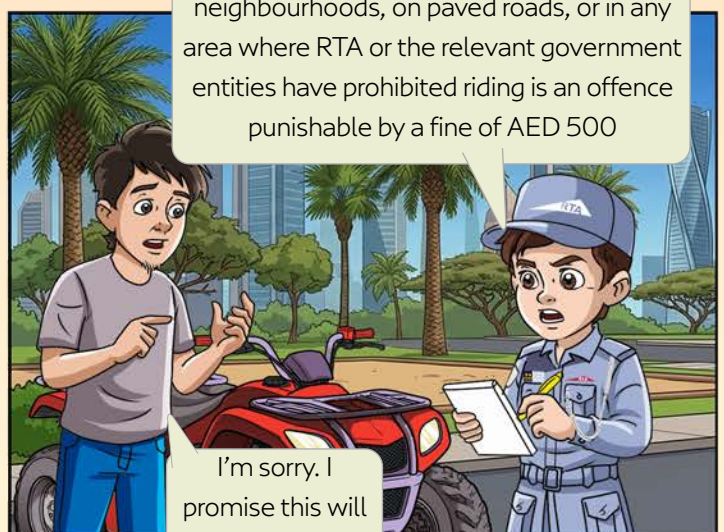
I'm sorry. I did not notice they were there



I do not ride it on main roads, so I do not need all the safety requirements you mentioned



Safety requirements must always be followed. Recreational bikes are not allowed in residential areas



Riding a recreational motorbike in residential neighbourhoods, on paved roads, or in any area where RTA or the relevant government entities have prohibited riding is an offence punishable by a fine of AED 500

I'm sorry. I promise this will not happen again!

Rocket and Feta Cheese Salad

From the book Healthy Recipes Guide – Ministry of Health and Prevention

Illustrated by : Muhammed Abido

Healthy Chef



Hello, my friends. Today, we will prepare a healthy rocket and feta cheese salad. The ingredients are: 5 cups of well-washed rocket, 1 cup of tomatoes, 1 cup of sliced black or green olives, and 1 cup of low-fat feta cheese cubes

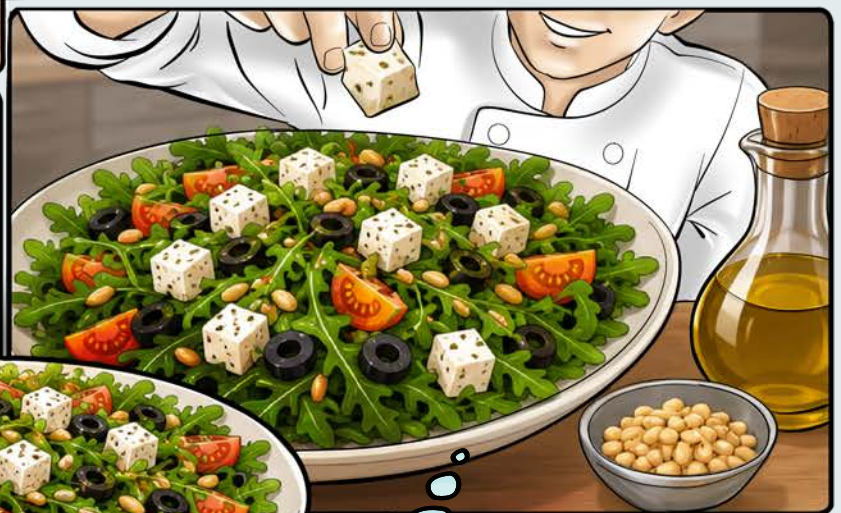
We also need 1 cup of basil, rosemary or mint, as preferred, 1 tablespoon of olive oil, 2 tablespoons of toasted pine nuts, and salt to taste



Mix the rocket with the basil, rosemary or mint, tomatoes and olives, then place everything in a serving dish



Add the feta cheese cubes on top of the rocket, sprinkle with toasted pine nuts and olive oil, then serve



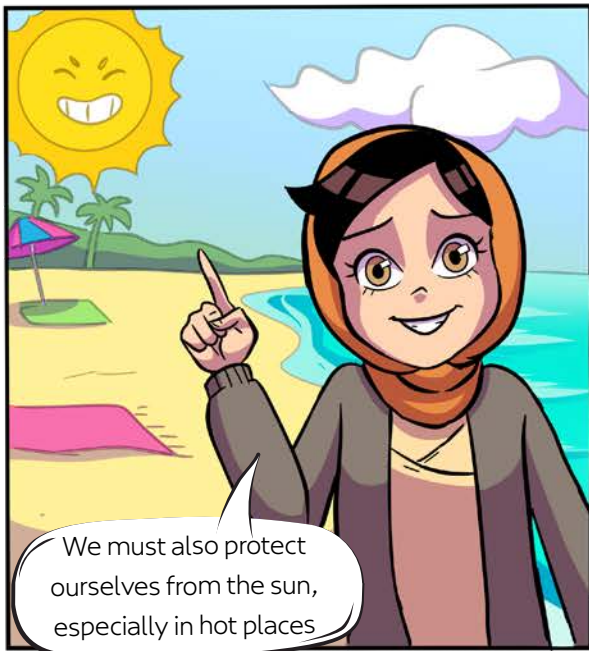
You may add salt if you wish, but do not use more than 1 / 4 teaspoon

Staying Healthy During Travel

Illustrated by: Abdel Fattah Helmy

Prepared by: Hind Abdullah Bouamim – Senior Administrative Officer
Dubai Health Authority





The Empty Water Bottle!

A fictional story with an important awareness message
Illustrations: Youssef Halim

The Friendly Forest



Crocodile filled the water bottle with fuel, but because he was in a hurry, he did not close it properly.

Unfortunately, because the bottle was not designed for fuel and was not tightly closed, fuel began leaking into the car boot without anyone noticing.

You almost put yourself, your family, and other road users in danger, especially if a fire had started, God forbid

Pull over immediately

Why? I did not break any rules!

Officer Arnoob confiscated the fuel bottle and stopped Crocodile from continuing the journey until he was sure the leaked fuel vapours had completely cleared from the car boot.

Water bottles are not suitable for storing spare fuel. You must use containers made for this purpose and close them tightly

I'm sorry. I promise to keep that in mind in future, God willing