

## In This Issue



A monthly educational magazine for children issued by Dubai's Roads and Transport Authority (RTA) focusing on safety and traffic culture.

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Important Guidelines for Pedestrian Crossing

Sweet

Words

# The Importance of the Child Seat

#### Different, but ....

#### Tips to Boost Immunity



# Welcome 2022

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#### Hello Dear friends..

Welcome, all of you friends to the New Year 2022. Wish you all the best.

I would like to share with you some of my thoughts for the new year.

My loved ones. We all need to define some meaningful objectives and endeavour to achieve them over the course of the year. Realising such goals will be a source of pleasure for all of us.

I'm determined to do better at school. I will also seek to take part in some volunteering events and charitable activities to serve my community and beloved country, the UAE.

Here, I recall the ambition and achievement of His Highness Sheikh Mohammed bin Rashid Al Maktoum, Vice-President, Prime Minister of the UAE, Ruler of Dubai, and the quote of His Highness "The future starts today, not tomorrow".

Salama





## I'm Salama

#### Happy New Year





## **Engineer Salem**

#### The Importance of the Child Seat





## **Super Nader**

### Different, but ....

After the teacher finished her science lesson and left the classroom, Jawaher started knocking on the table, singing:

Fatima lowered her head and remained silent

"The fat girl won't go to the sweet party She will not find a dress to fit her body mass"

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The polar bear has arrived. Salute the polar bear The girls laughed and applauded Jawaher

Fatima felt very sad

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The next day, Fatima entered the classroom and was surprised by a picture of a brown bear on her table.

Scenario: Hamsa Bakhit

Fatima ran out of sight and started crying

Nadir's bracelet started to ring continuously. He looked at it and determined the place, then ran off quickly

Jawaher put her head

down and started crying.

Nadir understood the whole story from Fatima

Now, Jawaher, did you feel what you did to Fatima? Did you feel how mockery, ridicule and bullying are painful

you know that God warned us of them and forbade them?

I notice that you are shorter than all of your colleagues and you look strange. And your words are annoying and hurtful.

Jawaher raised her head and said: I'm sorry, Fatima. I hurt you. Please forgive me, and I will never do it again

God created us different, and we must always respect this difference to live together in peace and brotherhood

Listen,



## Miss Alia

#### Tips to Boost Immunity

Eating all kinds of berries, sweet potatoes, nuts, oats, yoghurt and honey as they contain antioxidants

Welcome friends. Maintaining a strong immune system prevents the onset of diseases and epidemics. To achieve this, we need to adopt a healthy diet.



Avoiding taking unnecessary antibiotics and sleeping for a moderate number of hours Drink enough amount of water (about 6 to 8 glasses a day)

Outdoor Sports

Practising outdoor sports, such as cycling, walking, climbing, and jumping

Observing personal hygiene and washing hands before and after eating as well as after playing or touching pets

One of the key elements that enhance immunity is showing love, passion and care, and avoiding the causes of stress, anxiety and fear

It is necessary to have exposure to direct sunlight for a certain period to obtain vitamin D



## Inspector Hamad

#### Important Guidelines for Pedestrian Crossing





## Sanad

#### **Kiswat Khair**

Last year's edition of the initiative was different in terms of engaging People of Determination to promote the initiative spirit and volunteer in charitable activities

People of Determination participated in processing used clothes and turning them into usable uniforms, which required to be sorted out, cleaned, tailored, repaired, and ironed before being packed properly.

Hello my friends... Today I will tell you about Kiswat Khair initiative through which the Roads and Transport Authority seeks to collect and retrofit 36 thousand pieces of used clothes.

The initiative was implemented as part of efforts to promote and support the humanitarian initiative (Day for Dubai) launched by His Highness Sheikh Hamdan bin Mohammed bin Rashid Al Maktoum

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The initiative demonstrated the abilities and talents of the People of Determination in converting unused fabrics into high-quality products such as bags, masks, jewellery and carpet.

(Little) Our partners

RTA is always keen to engage the People of Determination, in a spirit of giving and extending a helping hand to needy and poor families all over the world



## Fares & Shaheen

## Dubai Opera





#### **Safety Road** 17 Dangers of children using e-scooters Don't just rush to imitate your friend. Do you know about the rules, such as the age of the rider and places where it is permissible to use Dad. Mom. I want to buy an electric scooter like my friend the scooter? Amer. I am excited to try it and ride it.

Suhail, there are things you should pay attention to before buying the scooter.

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But the father of my friend Amer bought him a scooter and allowed him to ride it to his grandma's house!

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.. I want to go to Grandma Hessa house using the scooter and try it with my friends.

When you know the dangers of children using e-scooters, you will be convinced you are too young for it.

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I agree with your mom and I hope you will convince Amer and make him aware of these dangers.

The e-scooter is not suitable for those under 16 years of age, and there are designated places for its use. It is never recommended to ride it at high speeds in the streets of residential neighbourhoods.

And make sure my dear son that we all bear the responsibility of educating children to avoid the dangers of misusing the electric scooter.

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Ok Mom. Thank you for this information and I promise you and Dad to advise my friend Amer to never use the e-scooter at this age. 18 19 Scenario: Amal Sabt Drawings: Sheikhha Al Shamsi

#### **Innovation Culture**



Shehab & Najim Suhail



## Mahboub

#### Salik services on Dubai Drive app





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# my family

#### Achievable Goals







### The virtue of silence A tale from the world literature

**Stories** 

On the shore of one beautiful lake, a tortoise and two ducks lived in peace and harmony, though the tortoise was very talkative. One day, the lake dried up; the fish swam away, the grass disappeared, and those friends could not find anything to eat. Hence, the two ducks thought about flying away and looking for another lake. When they presented the idea to the turtle, it was sad because it could not fly, and was afraid of being left out alone.

Since the two ducks were loyal to their friend, they thought of a solution to take her with them. They brought a wooden stick and asked the turtle to put it inside its mouth and close it tightly. The ducks would carry it and fly with the turtle; however, they asked that the turtle shut up completely or else it will face death. The turtle agreed and promised them not to speak at all until they all reached a safe place. Indeed, the two ducks carried the wooden

stick with the turtle and flew. During the flight, people saw the scene, and wondered: how do two ducks carry a turtle, like this?!

Whenever the friends passed by a group of people, they heard them talking about them and wondering about their actions. Since the beginning of the journey, the turtle remained silent and did not respond to anyone. But after a while, it grew impatient and felt overwhelmed by its nature and opened its mouth to explain the matter to the people.

However, she found herself falling after the stick slipped out of its mouth. Fortunately, the turtle fell on a haystack and sustained minor injuries. In hindsight, the tortoise regretted the failure to listen to the advice of the two friends and learned that silence is a virtue to abide by. Being talkative is a reprehensible habit, which may cause death.