



Salama In This Issue



Competition for School Students in Cooperation with Huawei



The end of a happy and fruitful journey



Community Service

A monthly awareness magazine for kids about Traffic safety and general knowledge issued by Traffic safety Section, Traffic Department at Traffic & Roads Agency in RTA

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Flag Day



The Nutrition Facts Label - Part 1



Helping the Neighbor



Feeding the Planet



Sweet Words

Flag Day

Hello Dear friends..

Flag Day is a national event celebrated by the United Arab Emirates on the third day of November every year since it was announced by His Highness Sheikh Mohammed bin Rashid Al Maktoum, Vice-President of the State, Prime Minister, and the Ruler of Dubai on the occasion of the anniversary of His Highness Sheikh Khalifa bin Zayed Al Nahyan's, Head of the State, May Allah protect him, accession to power.

The Flag Day Initiative reflects the culture of respecting the flag as a symbol of the state's sovereignty and unity, and its use as a symbol for Home and its belongingness. The Flag day includes all the categories of community with its various sects, upholding the value of the Union on the basis that the flag of the federal state is its basic identity, as the United Arab Emirates is the first Arab State that celebrates with the flag in a national event for it. Flag Day is a bright new day for the state of achievement and leadership of pride, a day that reminds us all of what the flag means, the day behind which and behind its leadership the rows are united, the day of white hands filled with strength, determination, and loftiness while embracing the flag so that it is raised high and majestic, out of love in it and in Home, and out of adoring its land and leadership..

Flag of the United Arab Emirates.... Rise high with hearts that holds you, and hands that grab you strongly.

Salama





Competition for School Students in Cooperation with HUAWEI

RTA in cooperation with HUAWEI, launched a new competition for school students in Dubai, in which the winners receive smart devices . The idea of the competition, called "Draw from your Home", is based on students visiting the link available on the company's website and uploading their drawings about the effective measures to confront (Covid 19), starting from 1st till 30th November 2020. HUAWEI Community

Smart devices are waiting for the winning students

Participate now in the "Draw free your horse" competition organized by the Roads and Transport Authority in Cooperation with Heatening competition



RTA



How to participate and terms and conditions:

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• except two the right in participate with only one densing Densings are required only starting Networks 1, 2000 (and the control of and the standing for distance in the

The competition converting channel do less 35 participating drawing from each in proce, and that answer will have the chance to enter the first order. It is proceed to reach a solution of the chance to enter the first order.





Informative Workshops in Dubai Libraries

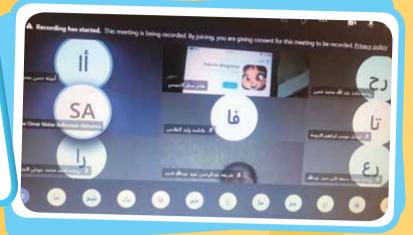
Many students participating in the Focus Group , organized by the Traffic Department to come up with new ideas and area of interest for Salama 2021.

The workshop was held in the Al-Mankhool Public Library of the Culture and Arts Authority.

(Remote) **Awareness** Lectures for School **Students**

Department has organized several awareness lectures in many schools in Dubai, within the distance awareness program launched by the Department in conjunction with the precautionary measures to confront the spread of COVID The lectures focused on traffic safety rules 19 since last March. when crossing the street and riding the car, safety procedures when cycling, in addition introducing the Salama magazine, how to download the magazine's smart

application, and benefiting fr modern features of the application.



HUAWEI Community



Smart devices are waiting for the winning students

Participate now in the "Draw from your home" competition organized by the Roads and Transport Authority in cooperation with Huawei community



Students eligible to participate in the competition:

the age group from 6 to 10

Competition topic:

- The precautionary measures taken by the student to confront the Coronavirus adhering to the



Gifts 3 winners



HUAWEI MatePad Pro for 1st winner

3

HUAWEI Watch Fit for 3rd winner

How to participate and terms and conditions:

- Participants can draw through tablet programs or drawing on A4 paper, save the painting in the form of a picture (JPG) and upload it to the Huawei Community website in the gallery section with the title of the Draw From Your Home contest - student name - age.

A student has the right to participate with only one drawing.

-Drawings are received only starting November 1, 2020 last throughout the month, and the deadline for drawings is November 30, 2020.

 The competition committee chooses the best 30 participating drawings, and their owners will have the chance to enter the final voting. 3 winners will be chosen to receive valuable prizes according to the high votes on the drawings by the audience on the Huawei Community website.

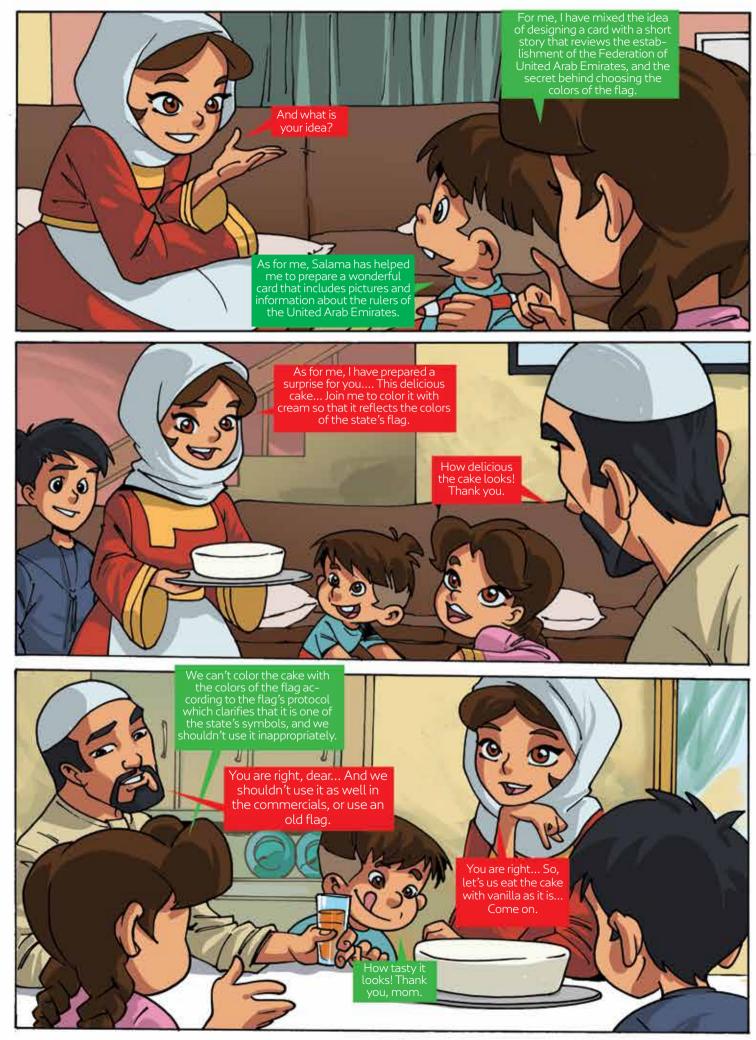


P Salama

Flag Day

Scenario: Lolwa Thani



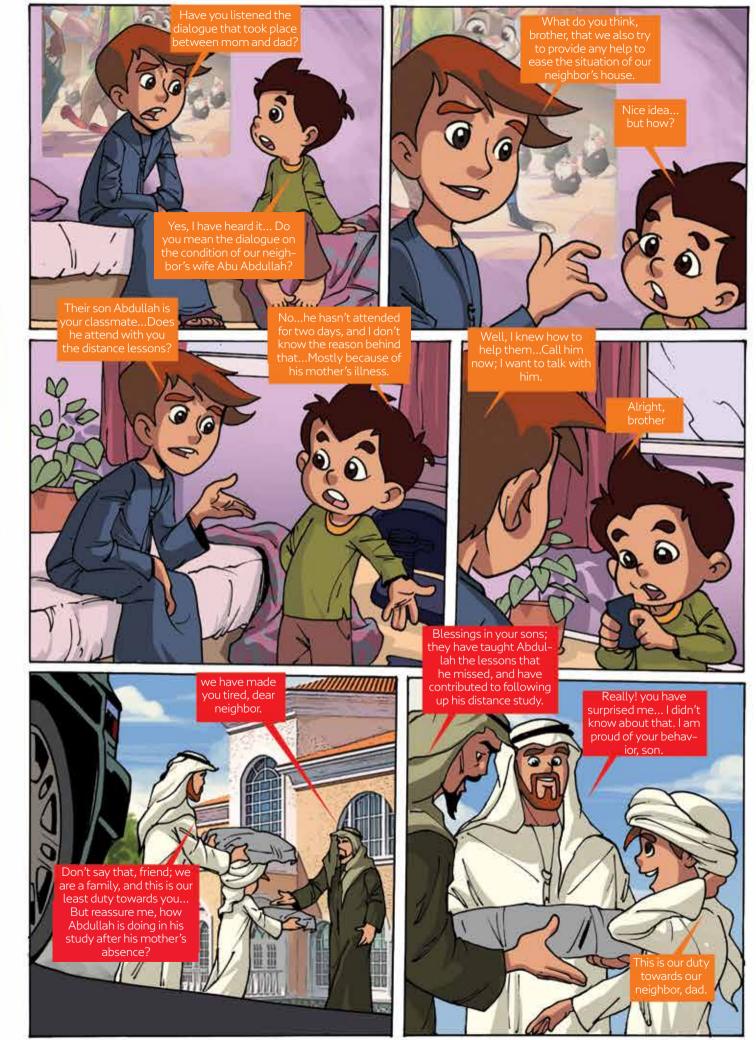




Engineer Sa¥em

Helping the Neighbor



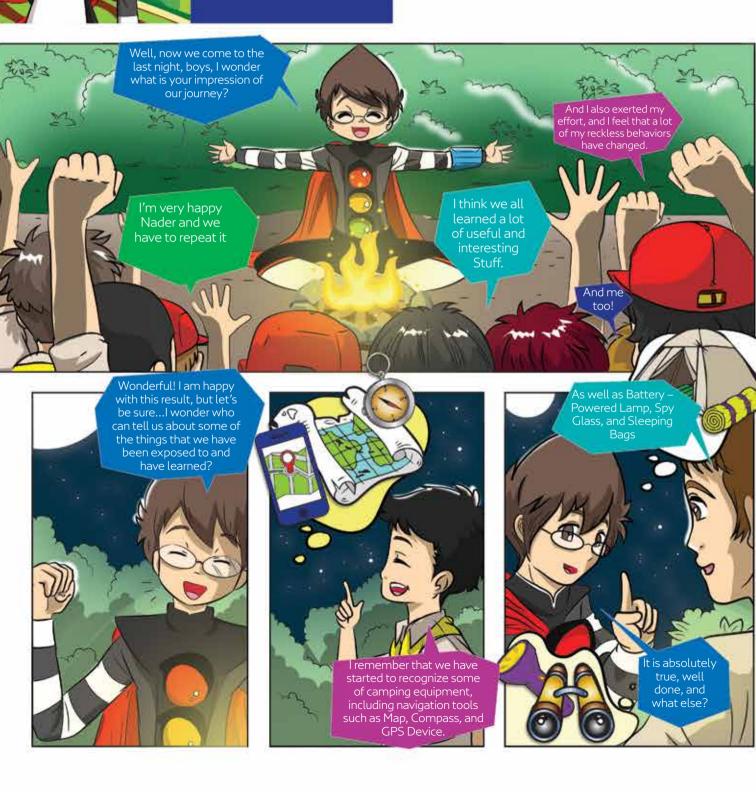






The end of a happy and fruitful journey

Senario&Illustrations by: Shaimaa Ibrahim Gamil





To be continued...



Traffic **Jungle**

Community Service







Alia The Environment Friend

The Nutrition Facts Label – Part 1

Senario & Illustrations: Shaimaa Ibrahim Gamil



The information on the label varies with the variation of the foods and beverages product...

1 cup (227g)

280

29 23%

12%

37%

12% 14%

0%

25%

89

Nutrition

Nutrition

4 servings per container Serving size 1 cr

Calories

Total Fat 90 Saturated Fat 4.50

Trans Fat 0g

Cholesterol 35mg

Dietary Fiber 40

Total Sugars 60

teln 150

in D Omco

rition Pe

1 cup (22

28

o Daily

ervings per container

erving size

Amount per serving Calories

total Fat 90

Saturated Fat 4.59

ans Fat 0g erol 35mg

Calcium 320mg

tron 1.6mg

Includes 0g Added Sugars

Sodium 850mg Total Carbohydrate 349

The label's upper section contains product specific information (portion size. calories, and nutrition facts), while the label's lower section

> contains a footnote explaining the percentage of the daily value and giving the number of calories used in the general nutrition advices.

First, look at the number of portions in the package (the portions for each package), and at the portion size. The sizes of meals are unified to facilitate comparing similar foods.

So, where do I

4 servings per container Serving size 1 c pount per serving And they are presented in familiar units such as mugs or pieces followed by the metric quantity, for example, number of grams (GR). The portion size reflects the quantity that is generally eaten or drunk by people, but it is not a recommendation of how much we should eat or drink.

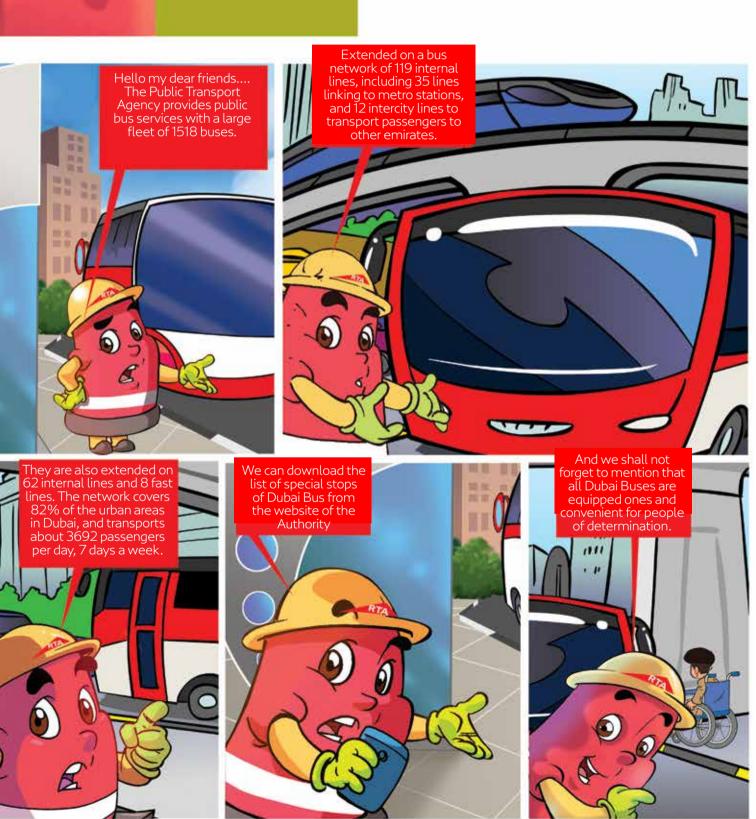
Next is the topic of calories, as they represent a measurement of how much energy we get from the portion of this food, and the number of meals consumed by us determines the number of calories that we have already eaten.

> And Don't forget that eating too much calories daily is inked to weight gain and obesity.



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RTA Services (Dubai Bus)





Inspector

Driving a Vehicle with no Number Plates

Scenario: Loulwa Thani





Shehab, Najim e Suhail

Feeding the Planet

Scenario: Amal Sabt

Drawings: Shaikha Al Shamsi



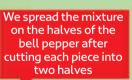


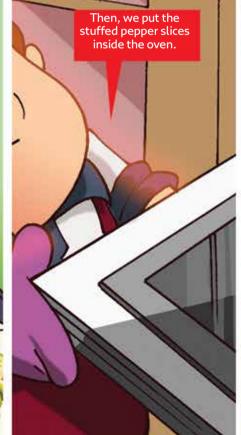


Stuffed Pepper

Hello my Friends...Green pepper is a healthy vegetable rich in minerals and vitamins...Our dish today is Stuffed Pepper, and we need the following ingredients for its preparation: (6 large pieces of bell pepper, 250 grams of minced lamb meat, one large piece of onion, tomato sauce, mozzarella cheese, olive oil, pepper, salt)

Em:







Firstly, we chop the onion,

and put it in the fryer with

the olive oil. Then we add

to it the minced meat, the

tomato sauce, and a small

amount of pepper and salt

as desired.